## Checklist for vocational preparation (see www.insieme.ch download 08.05.2018)



Begin at the latest starting from the seventh school year with the future planning (vocational training, but also housing situation).	
In case of uncertainty as how to enter the career development process, it is worthwhile to register early for a () career counseling. Special schools often have their own counseling centers.	
Get to know occupations and training paths; Collect ideas from the internet ().	
Take a closer look at strengths and weaknesses, if necessary together with a familiar and sympathetic teacher or as part of a "circle of support".	
Attention: weaknesses can also be temporary! Young people with disabilities run the risk of being "draped".	
Compare your own strengths and interests with the requirements of the occupations and training pathways	
Take a closer look at interesting occupations, e.g. in a taster internship in day care centers and workshops or in companies of the first job market.	
Decide together () for a training location, arrange a trial period with the training provider and sign up for satisfaction.	
Clarify alternatives, if the training place does not work right away: extended (special) school, pre-employment offers, another job in the same occupational field, etc.).	
In case of rejection of a vocational measure clarify alternatives: e.g. request independent projects () or a sympathetic company for a work experience.	
Others:	

